





## **We support you by**

- **Treating you honestly and transparently.**
  - **Taking your concerns seriously.**
  - **Searching for solutions together with you.**
  - **Accompanying you through every step.**
  - **Referring you to additional professional counseling services as needed (e.g., mental health, legal questions).**
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## **Community-Based Counseling Why is it important for you?**

- **It strengthens your ability to act against racism.**
- **You receive professional support from individuals who have experienced racism themselves and value your identity, background, and culture.**
- **You can openly discuss your concerns and experiences in safe spaces.**

## **How does it work?**

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- **Counseling is free.**
  - **We can speak your language.**
  - **We can meet where you're comfortable.**
  - **Your information is private and confidential.**
  - **We're independent and not a government agency.**
  - **We're here to support you.**

## How and when can you reach us?

Contact us and we will arrange an appointment:



Brandenburg:

antiraktiv-brandenburg@damost.de

Mecklenburg-Vorpommern:

antiraktiv-mv@fabro-interkulturell.de

Sachsen-Anhalt:

antiraktiv@lamsa.de

Sachsen:

antiraktiv.sachsen@damost.de

Thüringen:

antiraktiv@migranetz-thueringen.org

# AntiRaktiv

## your closest counseling team



 **AntiRaktiv**



**DaMOst** Dachverband der Migrant\*innenorganisationen in Ostdeutschland

funded by:



Die Beauftragte der Bundesregierung für Migration, Flüchtlinge und Integration  
Die Beauftragte der Bundesregierung für Antirassismus



**AntiRaktiv**  
Aktiv gegen (Alltags-)Rassismus!  
Empowerment, Beratung und Bildung

## Your AntiRaktiv Counseling Center

Community based Counseling for persons who have experienced racism and/or discrimination.

- Do you feel like you are being treated unfairly due to your skin color, background, and religion?
- Facing trouble finding work or housing in this context?
- Are your children experiencing disadvantages at school?
- Being mistreated, insulted, threatened, and marginalized?

**Then come to us!**

**We listen, provide advice, and support you.**